



**Anti-
 Bullying
 Policy
 2015-2016**

	Name	Signature	Date
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Anti Bullying Policy January 2015

All children have the right to be safe from bullying, harm and abuse. At Canonbury we will ensure that the victims of bullying are supported and looked after. Our school aims to offer a positive, supportive and safe learning environment for our community, in which everyone has an equal right to be treated with dignity and respect. Bullying of any kind is unacceptable. If bullying does occur, all pupils and adults should be able to tell and know that incidents will be dealt with promptly and effectively. Canonbury is a 'telling school'.

Aims

The aim of this policy is to ensure that all governors, teaching and non-teaching staff, pupils, volunteers and parents:

- have an understanding of what bullying is
- know what the school policy is on bullying and what they should do if bullying arises
- know that as a school we take bullying seriously. Pupils and parents should be assured that they will be supported when bullying is reported
- know that **Bullying Will Not be Tolerated!**

What Is Bullying?

Bullying is defined as **deliberately hurtful behaviour**, which is **unprovoked**, **repeated** over a period of time, where it is difficult for those being bullied to defend themselves. Bullying may be **racist**, **sexist** or **homophobic**. People can be bullied for any reason; because of the way they look, because of their **religion**, their **age**, because of learning or physical **disability**, where they live, their family, their **social class** or their achievement. Bullying results in **pain and distress to the victim**.

Bullying can be:

- **Emotional** - being unfriendly, excluding others, tormenting (e.g. hiding books, threatening gestures)
- **Physical** - pushing, kicking, hitting, punching or any use of violence
- **Racist** - racial taunts, graffiti, gestures
- **Sexual** - unwanted physical contact or sexually abusive comments
- **Homophobic** - because of, or focussing on the issue of sexuality
- **Verbal** - name-calling, sarcasm, spreading rumours, teasing
- **Cyber** - all areas of internet, such as email & internet chat room misuse, mobile threats by text messaging & calls, misuse of technology.

Bullying is not:

It is important to understand that bullying is not the odd occasion of falling out with friends, name calling, arguments or when the occasional trick or joke is played on someone. It is bullying if it is done **several times on purpose** (STOP).

Children sometimes fall out and say things because they are upset. When occasional problems of this kind arise, although unkind, it is not classed as bullying. It is an important part of children's development to learn how to deal with friendship breakdowns or a childish prank. We all have to learn how to deal with these situations and develop skills to repair relationships. Therefore, although we ensure that all children are supported through this process it is not classified as bullying.

The school will deal with bullying by:

- Ensuring that the whole school understands what bullying means, what a victim is, what bullying behaviour is, and what a bystander is
- Making clear that a zero tolerance approach to bullying is in place in school
- Encouraging children to report incidents without feeling they are telling tales
- Stressing the role of the bystander – the person who can intervene and help the situation. We encourage the bystander to get involved as opposed to watching and colluding with any bullying they witness
- Taking incidents seriously, investigating and if necessary, acting upon them quickly and fairly
- Having a behaviour policy for pupils and staff setting out clear guidelines for managing pupil behaviour both in the playground and in the classroom
- Rewarding positive behaviour and relationships as outlined in our behaviour policy and through the classroom behaviour card system, achievement assemblies, peace maker award.
- Providing opportunities to raise awareness of bullying issues and providing a whole school focus for anti-bullying activities. This will be through whole school events (such as Anti-bullying week) and through key stage assemblies and PSHE/P4C (Philosophy For Children) teaching
- Develop children's own resilience through a PSHE/P4C (Philosophy for Children) and IPC curriculum. This may involve exploring feelings through role play and viewing bullying situations from both sides.
- Providing a structured, well-staffed playground environment with a variety of activities/equipment for pupils to play with during school breaks

Reporting bullying

All members of the Canonbury community have a duty and responsibility to report bullying, whether they witness it, know of it or suffer from it. Canonbury is

a 'Telling School'. Bullying concerns should be reported to school in the first instance.

There are a number of ways bullying can be reported:

- Peer mentors are available at playtimes and lunchtimes to support children and to help victims access support
- Worry Boxes in every classroom, which can be used to report concerns anonymously to a teacher
- Concerns can be passed onto any member of staff. All members of staff have a duty of care to ensure the anti-bullying policy is adhered to when a report is made.
- Circle time for each class regularly can be used as a forum for raising concerns.

When dealing with bullying, staff will:

- Respond sensitively
- Investigate the incident ensuring any bullying has stopped
- Record all incidents of bullying on incident form and pass on to the Community Cohesion Leader.
- In the first instance meet with the victims and bullies individually, using restorative language as a way of facilitating the conversation.
- If appropriate facilitate a restorative meeting between the victim and bully as an opportunity for the bully to understand how their actions have affected the life of the victim
- Contact the parents of both the victim and bully to discuss the problem where serious accusations or repeat accusations have been made
- In more serious cases, or if a pupil is repeatedly bullying, involve the Designated Member of Staff (DMS) for child protection, or in their absence The Headteacher. Who will support the investigation and actions that need to follow.
- Where appropriate liaise with members of the pastoral support team to consider the options available to support the victim and/or the bully.

Procedures

Stage 1 actions include:

- Incident is reported to victim's class teacher – intervention in first instance is through the class teacher. If the allegation is of a serious nature then the teacher may deem it necessary to move to stage 2 immediately
- After individual meetings, children are brought together by a senior teacher to discuss the concern and the solution strategy
- All referrals are passed on to the Community Cohesion Leader and noted in bullying incident file.

Stage 2 actions include:

- Parents are notified of serious accusations or repeat accusations. The Schools Community Cohesion Leader will ensure that action is taken and communicate this to all parents.
- The school takes the needs of the victim seriously and support is offered for as long as the victim feels the need
- Meetings between victim and bully using restorative approaches to achieve resolution and justice as the goal for the session, where appropriate
- Meetings between victim/parents/bully using restorative approaches to achieve resolution and justice as the goal for the session, where appropriate. Intervention programme for individuals set up with key monitoring targets.
- Development of self-esteem or social intervention work for children who are trapped in the bullying cycle.

Stage 3 actions include:

- Parents of the bully are asked to accompany their child to school for the day to see the context for the behaviours (briefed by Headteacher on school rules/acceptable behaviour prior to accompanying child)
- Temporary or permanent exclusion if and when deemed appropriate.

Consequences of Bullying

- Canonbury's pastoral team (Deputy Headteacher and Community Cohesion Leader) are available to ensure the victim is supported in rebuilding their confidence. Support for the bully may include anger management, circle of friends, liaising with parents or referrals to outside agencies (Children Centres, Families First, CAHMS, housing).
- Punishing bullies does not end bullying. At Canonbury Primary School we emphasise that it is the bullying behaviour, rather than the person doing the bullying, that is not acceptable
- The bully will be encouraged to understand how their actions have caused distress and anxiety
- Bullies are to be disciplined in line with the school's behaviour policy; this may involve the following sanctions: verbal rule reminder, loss of play, senior teacher involvement, internal/external exclusion (at the discretion of the Head teacher)
- We will ensure all actions are fully communicated to the relevant parties and recorded using school record-keeping procedures

Monitoring and Review

Canonbury's Anti-Bullying Policy is in-line with Local Authority and DFE Guidelines. All safeguarding policies are reviewed every year to assess their effectiveness. Input from relevant stakeholders: parents, pupils (via student

council/Pupil surveys PSHE and P4C lessons and assemblies), staff and governors are actively sought.

- The number of bullying incidents are monitored each term by the Community Cohesion Leader and broken down into race, gender and disability strands and reported to the Headteacher and governors.
- Canonbury's anti bullying policy supports other pastoral policies such as our Behaviour Policy and Child Protection Policy.

Further Guidance for Children:

- Do not bully other people – it is not kind
- If you see someone being bullied- help them or tell an adult
- If you are being bullied TELL SOMEONE! Talk to a peer mentor or a teacher!
- Use the class worry box.
- Speak to your teacher or senior teacher – don't exaggerate, be honest and stick to the facts. Write it down or draw a picture if it helps you explain. If it does not stop – tell the teacher again.

Further Guidance for Parents:

If your child tells you they are being bullied:

- Listen to your child.
- Try not to overreact.
- Tell your child that bullying exists and it's not their fault.
- Check all the facts – is it bullying or friendship problems, which may resolve naturally?
- Talk about possible strategies for your child to use – try the websites listed at the end of the policy.
- Encourage your child to tell a teacher, or a member of SLT. .
- If the situation is serious, contact the class teacher yourself.

Signs and Symptoms

A child may indicate by signs or behaviour that he or she is being bullied. Adults should be aware of these possible signs and should investigate if a child:

- is frightened of walking to or from school
- doesn't want to go on the school / public bus
- begs to be driven to school
- changes their usual routine
- is unwilling to go to school (school phobic)
- begins to truant
- becomes withdrawn anxious, or lacking in confidence
- starts stammering
- attempts or threatens suicide or runs away
- cries themselves to sleep at night or has nightmares
- feels ill in the morning
- begins to do poorly in school work

- comes home with clothes torn or books damaged
- has possessions which are damaged or "go missing"
- asks for money or starts stealing money (to pay bully)
- has dinner or other monies continually "lost"
- has unexplained cuts or bruises
- comes home starving (money / lunch has been stolen)
- becomes aggressive, disruptive or unreasonable
- is bullying other children or siblings
- stops eating
- is frightened to say what's wrong
- gives improbable excuses for any of the above
- is afraid to use the internet or mobile phone
- is nervous & jumpy when a cyber message is received

These signs and behaviours could indicate other problems, but bullying should be considered a possibility and should be investigated.

Help from Outside Agencies:

You may find the following websites useful:-

www.bullying.co.uk

www.bbc.co.uk/education/archive/bully

www.childline.co.uk

www.antibullying.net

www.kidscape.org.uk

You may find the following telephone numbers useful:-

Advisory Centre for Education (ACE) 0808 800 5793

Children's Legal Centre 0845 345 4345

KIDSCAPE Parents Helpline (Mon-Fri, 10-4) 0845 1 205 204

Parentline Plus 0808 800 2222

Youth Access 020 8772 9900