

Advantages and Disadvantages of Adaptation

Cut out and match an advantage and a disadvantage for each adaptive trait.

Advantage	Adaptive Trait	Disadvantage



Can grow on land that is not always wet.	Forward facing eyes	Have to rest more often as can't rest one leg at a time.
Gives a spare eye in case one is damaged.	long neck	Can lower body's ability to absorb iron.
Better for surviving famines and enables digestion of a wider selection of food.	Vascular Plants (can transport water and food via root, stems and leaves)	Does not allow a wide view of the environment.
Allows accurate judgement of distances.	Bipedalism	Small differences in position can have a major impact on vision.
Frees up limbs to carry food.	Binocular Vision	More likely to desiccate (dry out) and lose more water.
Can eat leaves from tall trees.	Lactose Persistence	More vulnerable to attack when drinking water.