**Year 3 Science**

**Lesson 1  
LO:** find out how the shapes of solid objects made from some materials can be changed by squashing, bending, twisting and stretching

**Task:**

Look at your toys and games at home.

Draw and label each of them which involve a force to make them move.

**Also, can you find any of your toys which involve squashing and squeezing?**

**Can you identify which involve non-contact and contact forces?**

**RECAP: Contact forces** are when something touches another object to make it move (including being moved by air).

**Non-contact force** an object moves without being touched.

**Example:**

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**Make your page of drawings and information as colourful and organised as possible!**