



Left Hand

- Thumb (0)
- Fore-finger (1)
- Middle-finger (2)
- Third-finger (3)

Right Hand

- Fore-finger (4)
- Middle-finger (5)
- Third-finger (6)
- Little-finger (7)



C	D	E	F	F#	G	G#	A	B \flat	B	C	C#	D	E	F	F#	G	A

- open hole
- closed hole
- "pinched note"

the thumb-hole half-closed by pressing thumb nail into the hole

AULOS Thumb Rest



Be Relaxed



- push yourself upright
- keep your arms, shoulders, and fingers relaxed

Blow Gently



Do not Chew the mouthpiece

