

Physical Education Overview

	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
	Teachers (LCP)	TKS (HHH)	Teachers (LCP)	TKS (HHH)	Teachers (LCP)	TKS (HHH)	Teachers (LCP)	TKS (HHH)	Teachers (LCP)	ткѕ (ннн)	Teachers (LCP)	TKS (HHH)
EYFS		Fair Share Dare		Observe Move Dodge		Think Aim Pass		Travel Balance Climb		Invent Lead Follow		Choose Use Improve
YEAR 1	Gymnastics 143-173	Win Lose Learn	Gymnastics 175-205	Strike React Rally	Dance Pushes and pulls (151-159)	Move Solve Challenge	Dance Pushes and pulls (151-159)	Perform Balance Land	Outdoor games (93-118)	Create Play Compete	Outdoor games (175-205)	Choose Use Improve
YEAR 2	Dance (23-50)	Win Lose Learn	Dance (79-92)	Strike React Rally	Gymnastics (260-292)	Move Solve Challenge	Gymnastics (260-292)	Perform Balance Land	Games Activities 203-225	Create Play Compete	Games Activities 203-225	Choose Use Improve
YEAR 3	Dance (4-80)	Working Together	Dance (4-80)	Challenging Yourself	Swimming/ Athletics 273-288	Running, throwing and catching skills	Swimming/ Athletics (273-312)	Individual/gro up challenges	Swimming/ Invasion games 83-101	Defending and attacking skills	Swimming/ Invasion games 83- 101	Around the world
YEAR 4	Striking and fielding games (127-144)	Working Together	Net Wall games (147-162)	Challenging Yourself	Gymnastics (165-184)	Running, throwing and catching skills	Gymnastics (185-206)	Individual/gro up challenges	Invasion Games 103-124	Defending and attacking skills	Outdoor and adventurous activities 337-355	Around the world
YEAR 5	Invasion games Netball (101-120)	Including Everyone	Invasion games Basketball (External plan)	Evaluating Success	Dance (1-76)	Thinking of others	Dance (1-76)	Problem solving in games	Net/wall games Tennis 165-185	Defending and attacking skills	Sticking and Fielding Cricket 147-162	Competition as a team
YEAR 6	Gymnastics (189-208)	Including Everyone	Gymnastics (209-232)	Evaluating Success	Net/wall games Badminton (163-186)	Thinking of others	Athletics (269-295)	Problem solving in games	Striking and fielding games: Rounders 121-	Defending and attacking skills	Outdoor and adventurous activities 296-329	Competing as a team