

| | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
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| EYFS | | | | | | |
| YEAR 1 | Physical Health and wellbeing Fun times | Keeping safe and managing risk Feeling safe | Identity, society and equality Me and others | Drug, alcohol and tobacco education What do we put into and on to bodies? | Mental health and emotional wellbeing Feelings | Careers, financial capability and economic wellbeing My money |
| YEAR 2 | Physical Health and wellbeing What keeps me healthy? | Mental health and emotional wellbeing Friendship | Relationships and health education Boys and girls, families | | Drug, alcohol and tobacco education Medicines and me | Keeping safe and managing risk Indoors and outdoors |
| YEAR 3 | Mental health and emotional wellbeing Strengths and challenges | Keeping safe and managing risk Bullying – see it, say it, stop it | Drug, alcohol and tobacco education Tobacco is a drug | Identity, society and equality Celebrating difference | Careers, financial capability and economic wellbeing Saving, spending and budgeting | Physical Health and wellbeing What helps me choose? |
| YEAR 4 | Identity, society and equality Democracy | Drug, alcohol and tobacco education Making choices | Physical health and wellbeing What is important to me? | Keeping safe and managing risk Playing safe | Relationships and health education Growing up and changing | |
| YEAR 5 | Physical health and wellbeing In the media | Identity, society and equality Stereotypes, discrimination and prejudice | Keeping safe and managing risk Making safer choices | Mental health and emotional wellbeing Dealing with feelings | Drug, alcohol and tobacco education Different influences | Careers, financial capability and economic wellbeing Borrowing and earning money |
| YEAR 6 | Mental health and emotional wellbeing Healthy minds | Keeping safe and managing risk Keeping safe - out and about | Drug, alcohol and tobacco education Weighing up risk | Identity, society and equality Human rights | Relationships and health education Healthy relationships | |