

25th October 2024

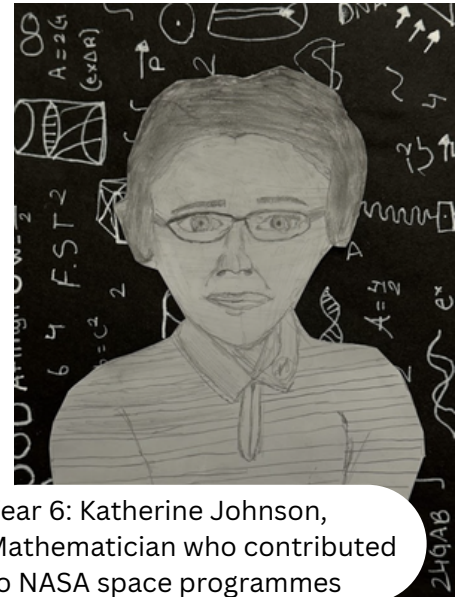
# Newsletter

## Black History Month 2024

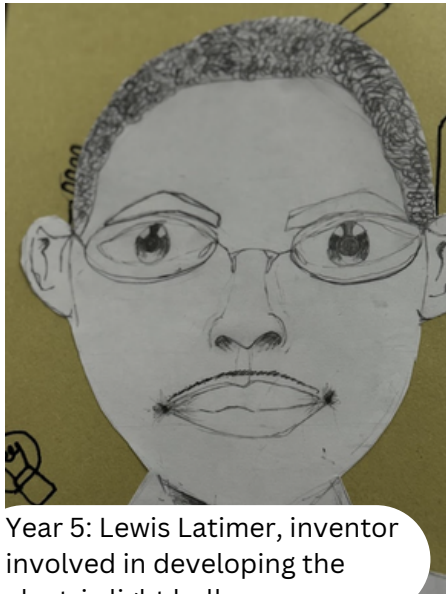
This year we learnt about black scientists and their contributions to science across the world. Each year group focused on a different scientist, and students used storytelling techniques to retell each scientist's journey to success. They also made portraits in Art.

Each class performed their biography to each other in assembly, practising the oracy skills of voice projection, pace, clarity and body posture.

We are excited to announce that Ed, a parent and professional film maker, kindly recorded every performance and we are looking forward to sharing the films with you soon.



Year 6: Katherine Johnson, Mathematician who contributed to NASA space programmes



Year 5: Lewis Latimer, inventor involved in developing the electric light bulb

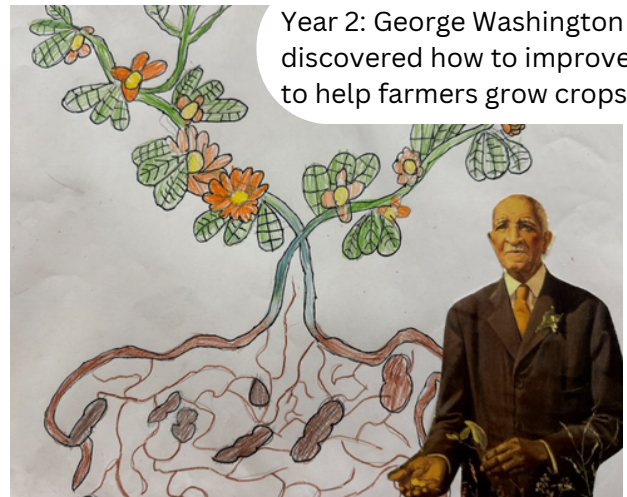
Year 3: Mae Jemison, the first African-American woman to travel in space



Year 4: Maggie Aderin-Pocock, British space scientist, from Islington



Year 1: Mary Seacole, Jamaican Nurse and Business-woman



Year 2: George Washington Carver discovered how to improve soil to help farmers grow crops

# Attendance, Punctuality & Superstar Winners

## School Attendance

🎯 Islington target is 96%

**Canonbury this week: 94%**

## Attendance Trophy

- Rec - Cherry Tree Class 96.7%
- Y1/2 - Pear Tree Class 95.6%
- Y3/4 - Lime Class 95%
- Y5/6 - HornbeamTree Class 97%



## Punctuality Trophy

- Reception - Cherry Class 84 Mins
- Y1/2 - Pear Class - 7 Mins
- Y3/4 - Lime Class - 65 Mins
- Y5/6 - Oak Class - 5 Mins



# Canonbury Superstars

## This Week

- Year 1 Chestnut - Hafsah
- Year 1 Pear - Herbie
- Year 2 Beech - Daniel
- Year 2 Silver Birch - Orson
- Year 3 Bay - Lia
- Year 3 Lime - Pia
- Year 4 Hawthorn - Charlie
- Year 4 London Plane - Emily
- Year 5 Hornbeam - Amaya
- Year 5 Sycamore - Louie
- Year 6 Ash - Tommy
- Year 6 Oak - Isabella

Autumn/ Winter Menu 2024 2025		MONDAY Planet Friendly Day	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK ONE</b> W/C 4 <sup>th</sup> November 25 <sup>th</sup> November 16 <sup>th</sup> December 20 <sup>th</sup> January 10 <sup>th</sup> February 10 <sup>th</sup> March 31 <sup>st</sup> March	Option one	Classic Mac & Cheese (V) 🌱	Cheese and Tomato Pizza Slices (V) with Jacket wedges 🌱	Glamorgan Bean Sausages with New Potatoes and Gravy (V)	Lentil and Roasted Vegetable Pasty with Mash & Gravy (VE)	Fishfingers and Chips
	Option two	Chickpea Tagine with Rice (VE) 🌱	Roasted Cauliflower Curry & 50/50 Rice (VE)	BBQ Chicken and New Potatoes	Chicken Arrabiata Pasta	Jacket Potato with Cheese & Beans
	Vegetables	Cauliflower (VE) Green Beans (VE)	Broccoli (VE) Sweetcorn (VE)	Carrots (VE) Cabbage (VE)	Roasted Peppers (VE) Green Beans (VE)	Peas (VE) Baked Beans (VE)
	Dessert	Yoghurt and Fresh Fruit Station (V)	Apple Crumble with Custard (V) 🌱	Yoghurt and Fresh Fruit Station (V)	Banana Loaf (V)	Yoghurt and Fresh Fruit Station (V)
<b>WEEK TWO</b> W/C 11 <sup>th</sup> November 2 <sup>nd</sup> December 6 <sup>th</sup> January 27 <sup>th</sup> January 24 <sup>th</sup> February 17 <sup>th</sup> March	Option one	Sweet Potato and Lentil Curry with Rice (V) 🌱	Creamy Coconut and Chickpea Curry with Rice (VE) 🌱	Hearty Spaghetti Bolognese (VE) 🌱	Lentil Wellington with Mashed Potatoes & Gravy (VE) 🌱	Caribbean Butterbean Stew with Rice and Peas (VE) 🌱
	Option two	Broccoli Pasta Bake (V) 🌱	Beef Lasagne 🌱	Roast Chicken, Skin on Roast Potatoes and Gravy	Chicken Sausages with Mash Potato & Gravy	Battered Fish & Chips
	Vegetables	Roasted Butternut Squash (VE) Broccoli (VE)	Sweetcorn (VE) Cauliflower (VE)	Roasted Parsnips (VE) Carrots (VE)	Red Cabbage (VE) Green Beans (VE)	Peas (VE) Baked Beans (VE) Roasted Veg Power Salad (VE)
	Dessert	Yoghurt and Fresh Fruit Station (V)	Pear & Ginger Slice (V)	Yoghurt and Fresh Fruit Station (V)	5 A Day Cake (V)	Yoghurt and Fresh Fruit Station (V)
<b>WEEK THREE</b> W/C 18 <sup>th</sup> November 9 <sup>th</sup> December 13 <sup>th</sup> January 3 <sup>rd</sup> February 3 <sup>rd</sup> March 24 <sup>th</sup> March	Option one	Classic Mac & Cheese (V) 🌱	Spicy Bean Burger with Jacket Wedges (VE) 🌱	Jollof Rice, Quorn & Beans (V)	Roasted Vegetable Pizza (V) 🌱	Mexican Enchiladas and Rice (V)
	Option two	Chickpea & Vegetable Hot Pot with Mash Potato (VE) 🌱	Chicken Tagine With Rice 🌱	Roast Chicken, Skin on Roast Potatoes and Gravy	Chilli con Carne with 50/50 Rice 🌱	Salmon Fish Fingers and Chips
	Vegetables	Roasted Peppers (VE) Green Beans (VE)	Sweetcorn (VE) Peas (VE)	Leeks (VE) Carrots (VE)	Broccoli (VE) Cauliflower (VE) Sweet Potato Power Salad (VE)	Peas (VE) Baked Beans (VE)
	Dessert	Yoghurt and Fresh Fruit Station (V)	Apple & Raisin Strudel with Custard (V)	Yoghurt and Fresh Fruit Station (V)	Peach Upside Down Cake with Custard (V)	Rice Pudding with Fruit Compote (V)
<b>MENU KEY</b>		🌱 Added Plant Power	🌱 Planet Friendly Option	🌱 Wholemeal	🌱 Vegan (VE)	🌱 (V) Vegetarian
Available Daily: Freshly cooked jacket potatoes with a choice of fillings (V, VE) (where advertised) - Bread freshly baked on site daily (VE) - Daily salad selection (V, VE) - Fresh Fruit (VE) and Yoghurt (V) is available daily - Milk (V)						
<b>CANONBURY PRIMARY SCHOOL</b>						
<p><b>ALLERGY INFORMATION:</b> If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.</p>						







## Key Dates for your Diary

**Year 6 - Secondary School Application DEADLINE:** Thursday 31st October

**Autumn Half Term: Monday 27th October - Friday 1st November 2024**

**Year 1 - Discover Children's Story Centre - Stratford:** Tuesday 12th November - packed lunch

**Year 6 - Museum of London Docklands:** Tuesday 12th November - packed lunch

**Year 6 - LSO Schools Concert - Barbican:** Thursday 14th November

**Reception & Nursery Parents' Evening:** Wednesday 4th & Wednesday 11th December

**Year 2 - LSO Schools Concert - Barbican:** Monday 9th December

**Christmas Concert: Years 1-6 - Union Chapel:** Tuesday 10th December 11.15am-12.30pm

**Year 1 Christmas Show (Chestnut class parents):** Thursday 12th December 9-10am

**Year 1 Christmas Show (Pear class parents):** Friday 13th December 9-10am

**Reception Christmas Show (Apricot class parents):** Tuesday 17th December 9-10am

**Nursery Christmas Show:** Wednesday 18th December 9-10am

**Christmas Dinner & Christmas Jumper Day:** Wed 18th December - **bring £1 for Save The Children**

**Reception Christmas Show (Cherry class parents):** Thursday 19th December 9-10am

**Last Day of Autumn Term - Friday 20th December 2024**

### PTA Dates

**Fireworks Night: Thursday 7th November**

**SOLD OUT**

**Christmas Fair: Saturday 7th December**

Hi parents/carers of young people at Canonbury Primary School. My name is **Uma** and I work **Bright Futures**, a service offered by Islington Council to support young people and their families.

Is your young person....

- struggling academically?
- facing anxieties around attending school?
- struggling with morning routines and arriving late for school?
- presenting challenging behaviour at home?



I will be available at the school **every other Thursday morning at 8:45am** (book in at the school office) to have a friendly chat about what we offer. I can signpost you to other services, offer information, advice, and guidance, book a meeting with you and the school, and offer you a safe space to discuss what might be going on. I know it can feel overwhelming and daunting at times to reach out, but no struggle is too small - we all need a little help sometimes.

# FUN LEARNING ACTIVITIES FOR FAMILIES



**30th OCTOBER**

Islington Ecology Centre

191 Drayton Park, London N5 1PH

2:00 pm - 4:00 pm

FREE REFRESHMENTS  
PROVIDED



Childrens' activities (Age 5+) Family Nature Walk  
Bat Identification presentation (all age groups)

LIMITED PLACES AVAILABLE

Please book:

[Lucy.Pollock@islington.gov.uk](mailto:Lucy.Pollock@islington.gov.uk)

[Elena.Kulla@islington.gov.uk](mailto:Elena.Kulla@islington.gov.uk)



Bright  
Futures  
ISLINGTON



**ISLINGTON**  
For a more equal future



# Happy Healthy Halloween

with immunisation clinic

Dress up and come along to our  
spooky fun day for under-fives!

Thursday 31<sup>st</sup> October, 10:30am-1pm

Family Hub Central at New River Green

Children's Centre, 23 Ramsey Walk, N1 2SX

Join craft and Forest School activities, live  
music, story time, free lunch/fruit and spooky  
animal encounters with Zoolab!

Talk to your local **NHS** health team about  
your child's health:

- Toileting, behaviour challenges, sleep routines  
or minor illness
- Immunisations
- Healthy Teeth
- Fussy eating and a healthy diet
- Speech and language
- Physical development



Bring your  
Teddy Bear  
to visit the  
Teddy Bear  
Hospital





# CANONBURY



## PTA and Foundation

### WAYS TO GET INVOLVED

- \*COME TO EVENTS\*
- \*SPREAD THE WORD\*

#### HELP at EVENTS

- \*Volunteer to help run a stall
- \* Donate supplies for events
- \*Bake for Cake Stalls
- \*Help with set up or clean up at events

#### FINANCIAL HELP

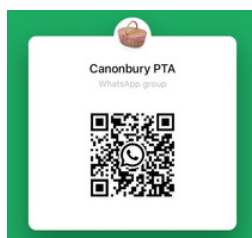
- \*Find raffle prize donors or other sponsorship
- \*Corporate Match Funding
- \*One-off or monthly donation
- \*Fundraise while you shop - Give as You Live

#### ADMINISTRATIVE HELP

- \*Help organise events
- \*Design posters
- \* Maintain PTA supplies in the Dungeon
- \*Help research and apply for grants
- \*Brainstorm new fundraising ideas

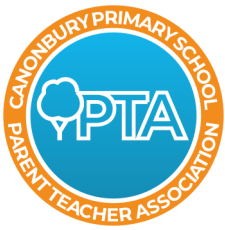
#### VACANT ROLES

- \*Foundation Treasurer - to manage accounts and maintain financial records
- \*PTA Communications Officer- to produce materials to advertise and report on PTA events



Join the PTA Whatsapp Group to learn more and stay informed or email [canonburypta@gmail.com](mailto:canonburypta@gmail.com) or [canonburyfoundation@gmail.com](mailto:canonburyfoundation@gmail.com)





# CANONBURY



## PTA and Foundation

### Fundraising events

### Investments

Fireworks Night £345	Teacher Appreciation Breakfast
Christmas Fair £1660	Nursery/ Reception Art Supplies Y1 Trip to Zoo
Disco £1240	Yr 5 Treginnis residential - Fundraising for coaches
Easter Eggstravaganza £670	Yr 3 Celtic Harmony - train travel Y4 Fashion Show
Quiz Night £735	Y6 Coaches to Kench Hill & Y6 Leavers Yearbooks and Prom
Summer Fair £2000	Union Chapel Hire for School Concerts
Run Canonbury Run £6000	Music Instruments Maintenance Lighting for Events
Coffee Mornings £190	Class Christmas Presents
Cake Stalls £1800	Class Workshops and Projects

**£14000+**

**Total Raised  
2023-2024**



# CANONBURY



## PTA and Foundation

### Does your Employer offer a Corporate Match Funding Scheme?

Did you know that many companies offer their employees Matched Fund Schemes, whereby employers match money raised by a given charity.

As Canonbury Foundation is a registered charity, these schemes are an excellent way of raising additional money for our school. Our Christmas or Summer Fair is an ideal time to ask your HR department if they offer Matched Funding and a little bit of your time could raise double the funds for our school.

If you work for an organisation that has a Matched Funding Policy, any money you raise could be matched by your employer. Companies may match the fundraising total for an event, or for the stall that their employee is working on. Usually, the employee will need to supply them with a letter from the organisation detailing the date and nature of the event, together with the total raised.

We understand that the high street banks, building societies, supermarkets and large corporations are likely to do match funding, but these schemes are not exclusive to the major corporate giants. If you work for an independent company, they may be interested in charitable giving through match funding too.

We would be grateful if you could see if your employer has a Matched Funding Scheme, or if they are willing to match fund any of our events. If you can't help out this time, but you know the company you work for has a Matched Funding Policy, please let us know by emailing [canonburypta@gmail.com](mailto:canonburypta@gmail.com) or [canonburyfoundation@gmail.com](mailto:canonburyfoundation@gmail.com)

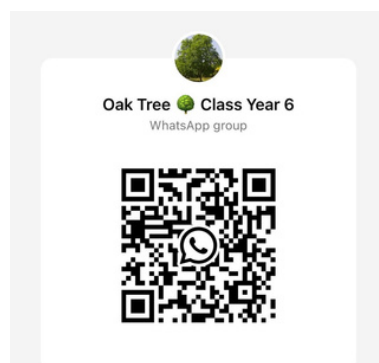
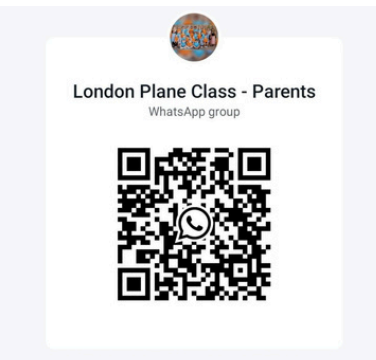
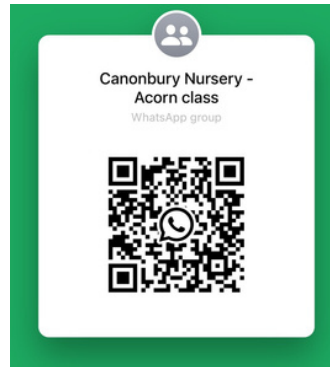






Did you know there is a WhatsApp group for your class? This will have been set up by your PTA class rep at some point to communicate about PTA events but many parents find it useful for organising birthday parties, lost property, queries on homework etc.

If you'd like to join your class WhatsApp group, scan your class QR code below:



# Term dates for 2024/2025

<b>AUTUMN TERM</b>	<b>Inset Day 1 – Monday 2<sup>nd</sup> September 2024</b>
<b>Autumn term 1</b>	<b>Tuesday 3<sup>rd</sup> September 2024 - Friday 25<sup>th</sup> October 2024</b>
<i>Autumn Half-term</i>	<i>Monday 28<sup>th</sup> October 2024 - Friday 1<sup>st</sup> November 2024</i>
<b>Autumn term 2</b>	<b>Monday 4<sup>th</sup> November 2024 – Friday 20<sup>th</sup> December 2024</b>
<i>Christmas Holiday</i>	<i>Monday 23<sup>rd</sup> December 2024 - Friday 3<sup>rd</sup> January 2024</i>
<b>SPRING TERM</b>	<b>Inset Day 2 – Monday 6<sup>th</sup> January 2025</b>
<b>Spring term 1</b>	<b>Tuesday 7<sup>th</sup> January 2025 - Friday 14<sup>th</sup> February 2025</b>
<i>Spring Half-term</i>	<i>Monday 17<sup>th</sup> February 2025 - Friday 21<sup>st</sup> February 2025</i>
<b>Spring term 2</b>	<b>Monday 24<sup>th</sup> February 2025 – Friday 4<sup>th</sup> April 2025</b>
<i>Easter Holiday</i>	<i>Monday 7<sup>th</sup> April 2025 – Monday 21<sup>st</sup> April 2025 (Easter weekend: Friday 18<sup>th</sup> April - Monday 21<sup>st</sup> April 2025)</i>
<b>SUMMER TERM</b>	<b>Inset Day 3 – Monday 2<sup>nd</sup> June 2025</b>
<b>Summer term 1</b>	<b>Tuesday 22<sup>nd</sup> April 2025 - Friday 23<sup>rd</sup> May 2025 (May Day Bank Holiday is on Monday 6<sup>th</sup> May 2024)</b>
<i>Summer Half-term</i>	<i>Monday 26<sup>th</sup> May 2024 - Friday 30<sup>th</sup> May 2025 (Spring Bank Holiday will be taken on 26<sup>th</sup> May 2025)</i>
<b>Summer term 2</b>	<b>Tuesday 3<sup>rd</sup> June 2025 – Friday 18<sup>th</sup> July 2025</b>
<i>Summer Holiday</i>	<i>Monday 21<sup>st</sup> July 2025 - Monday 1<sup>st</sup> September 2025</i>
	<b>Inset Day 4 – Monday 21<sup>st</sup> July 2025 Inset Day 5 – Tuesday 22<sup>nd</sup> July 2025</b>



# FREE SWIMMING LESSONS IN ISLINGTON

Throughout the school holidays and in partnership with Islington Council, we are proud to be able to offer a variety of free swimming lessons for children and families. Lessons will run during Easter, May Half Term, Summer and October Half Term. Sessions include:

- Adult and child swimming lessons: 6-week course for under 3's \*Summer holiday only
- Swimming lessons for 4 -13-year-olds, intensive lessons, Monday - Friday for 1 or 2 weeks
- Teen swimming lessons 13 -16-year-olds, intensive lessons, Monday - Friday for 1 or 2 weeks
- Family swimming lessons, 6-week course for up to 2 adults and 2 children to learn to swim together and enjoy the pool together \*Summer holiday only

To apply please scan QR code or visit website at [better.org.uk/free-swimming-lessons](http://better.org.uk/free-swimming-lessons)

You can email for more information at [summer.lessons@gll.org](mailto:summer.lessons@gll.org)



**BETTER**



**ISLINGTON**  
For a more equal future



# Everyone needs a little help sometimes

We know that being a parent is not always easy and that all families need support at some stage as children grow up

Bright Futures works with families who have children 5-19

We will work with you and your family to help you make lasting positive change and get the most out of family life

**'Things right now are good. There have been quite a few challenges, but I feel stronger and more capable than I have for a while.'**

- Bright Futures parent



## Some ways we can help

- Advise on child behaviour, routines and parenting
- Strengthen family relationships and reduce conflict
- Help with your child's school attendance and learning
- Improve your families' health and wellbeing
- Offer advice on home finances, training and employment
- Connect you with activities and support in your local community



## How to access Bright Futures services

Call our helpline: **020 7527 4343**

9am to 5pm, Monday to Friday or email

**[bright.futures@islington.gov.uk](mailto:bright.futures@islington.gov.uk)**



Follow us on Twitter!  
**@IsBrightFutures**



Like us on Facebook!  
**[fb.com/IsBrightFutures](https://www.facebook.com/IsBrightFutures)**

# Unlock extra benefits worth hundreds of pounds per child

**If you receive certain benefits, your child could be eligible for so much more than free school meals! Register before the summer break to unlock:**



A £15 supermarket voucher per child, per week – worth £90 per child over the summer break!



Access to the free Holiday Activities with Food programme. Book a place for your child at dozens of activities – there's something for everyone. Every activity includes a free healthy meal.



A £150 school uniform voucher for every child moving up from primary to secondary school.

# DON'T MISS OUT

Register for benefits-related free school meals to unlock other support worth hundreds of pounds.

Turn over for details



# Islington



Family Information Service

## Looking for childcare, activities, or support for your family?



We provide free information and advice for families with children aged 0-25



Phone: **020 7527 5959**  
Email: [fis@islington.gov.uk](mailto:fis@islington.gov.uk)  
Web: [www.islington.gov.uk/fis](http://www.islington.gov.uk/fis)

[www.facebook.com/islingtonfis](https://www.facebook.com/islingtonfis)



Did you know Islington Council have a short-term fund for people in work who rent their home?

To apply to the fund for a one off payment of £250

### YOU MUST

- live in Islington
- pay rent
- be in employment
- less than £50,000 gross household earnings
- Combined household of savings of less than £5,000

### PROVIDE PROOF OF

- rent - tenancy agreement of letter from landlord
- savings- recent bank statements for every household member
- earnings - recent payslip for every household member

If you think you might be eligible please visit

<https://www.islington.gov.uk/benefits-and-support/cost-of-living-support/help-for-renters-who-are-working>

Alternatively please contact the office who can arrange for you to meet with Bright Futures for support to complete the form.

Bright  
Futures  
ISLINGTON

# Islington



Islington FIS (Family Information Service) is a free advice service that helps families with children aged 0-25 find the right information and support.

Contact us to find out how we can help you with:

- Childcare and free early learning
- Bright Start services and children's centres
- Parenting
- Play and things to do
- Special Educational Needs and Disability (SEND)
- Family support
- Health
- Money advice
- Schools and learning
- Training and employment
- Becoming a childminder



**We're helping**  
with the cost of living crisis

### Free, confidential advice to maximise your income

Contact the council for friendly advice and support. We can help you work out what benefits and financial support you are entitled to, whether you will be better off in work, including the affordability of childcare, and we can help you to make a claim.

Call **020 7527 8222**  
Email [heretohelp@islington.gov.uk](mailto:heretohelp@islington.gov.uk)  
Visit [www.islington.gov.uk/moneyadvice](http://www.islington.gov.uk/moneyadvice)

### Get help finding and paying for childcare

Our Family Information Service (FIS) can help with:

- Free early education for 2, 3 and 4 year olds
- Childcare for under 5s, including childminders and Islington's funded nurseries, and childcare for over 5s - after-school and holidays
- 30 hours free childcare
- Tax-free childcare
- Childcare through Universal Credit
- Islington Childcare Bursary

Call **020 7527 5959**; email [fis@islington.gov.uk](mailto:fis@islington.gov.uk) or visit [www.islington.gov.uk/fis](http://www.islington.gov.uk/fis)

### Apply for a Childcare Bursary

If you live in Islington, are claiming benefits and have a child aged 0-16 (or up to 18 with disabilities) who needs childcare, you may be entitled to a Childcare Bursary. The bursary is there to help parents who are starting work, a work placement, or short-term training to pay for childcare. It does not need to be paid back.

Call **020 7527 5891** or visit [www.islington.gov.uk/childcarebursary](http://www.islington.gov.uk/childcarebursary)

### Help with your energy bills

Our energy advice team can provide guidance on reducing energy bills and speaking to your energy suppliers regarding utility debt and billing issues, help you apply for water discounts, support with energy efficiency grant applications and signpost to other public health interventions. To speak to a member of the SHINE team:

Call **0300 555 0195** or **020 7527 2121** lines are open 9am-5pm, Monday-Friday.  
Or text **07800 006143** or visit [shine-london.org.uk](http://shine-london.org.uk)

### Stay updated

Sign up for email updates on Islington news, events and other topics.  
Visit [www.islington.gov.uk/stayupdated](http://www.islington.gov.uk/stayupdated)

### Join in the conversation

Follow [@IslingtonBC](https://twitter.com/IslingtonBC) on Twitter and search Islington Council on Facebook.

If your household income is feeling the squeeze, you'll find a wide range of support online at [www.islington.gov.uk/costofliving](http://www.islington.gov.uk/costofliving)

If you would like this document in large print or Braille, on audiotape or in another language, please telephone 020 7527 2000.



Give as you Live®  
Online

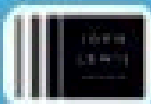
Generate free donations for us at over 5,500 online stores. It's completely free thanks to our partner, Give as you Live Online!



Simply scan the QR code with your mobile phone to sign up for free!

Just some of the 5,500 stores paying free donations:

M&S



booking.com

ebay

Expedia



trainline

ASOS

Argos