

**Lesson 5**

**LO: identify that humans and some other animals have skeletons and muscles for support, protection and movement.**



If you can, start by watching these clips all about our skeleton:

<https://www.bbc.co.uk/bitesize/clips/zfnvcw>

<https://www.bbc.co.uk/bitesize/topics/z9339j6/articles/zqfdpbk>

Many animals have skeletons to support and protect their body and to help it move.

For example, our **skull** protects our brain and our **ribs** protect our heart and lungs.

The skeleton bends at **joints** such as knees and ankles. Joints are where two or more bones join together.

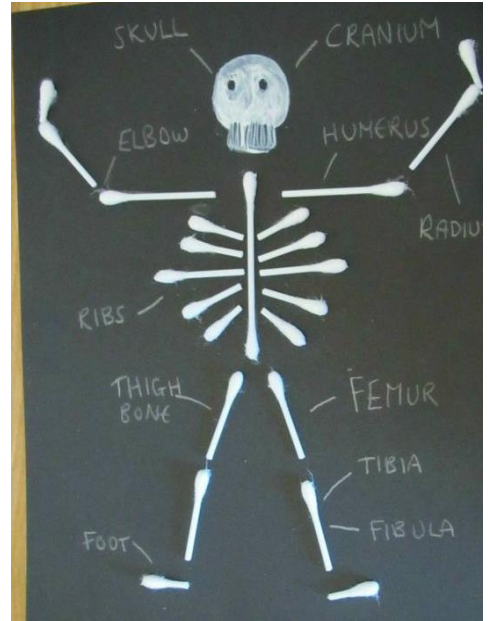
The human skeleton is made of over 200 bones and grows as we grow.



Now listen to this song about the different bones that make up our skeleton  
<https://www.youtube.com/watch?v=gg6kW8vllzY>

Can you remember any of the special names for the bones?

**TASK:** Use the song to help you label a skeleton with some of the special names for the bones. You could draw or make a skeleton like in the pictures below.



Use these words to help you:

Skull	Lower jaw	Tibia	Ribs	Spine	Femur
Pelvis	Fibula	Patella (kneecap)	Radius	Ulna	

If you prefer/are able to, you can print the sheet and label the diagram below using the words from the word bank.

**Challenge:** Can you use the song to add other names of bones which are not in the word bank?

Skull	Lower jaw	Tibia	Ribs	Spine	Femur
Pelvis	Fibula	Patella (kneecap)	Radius	Ulna	

